

LA-UR-21-28946

Approved for public release; distribution is unlimited.

Title: BREAKING THE ICE "I Was Only Trying to Help"

Author(s): Alexander, David IV
Ronning, Nicole Marie
Sentz, Kari
Rockward, Tommy

Intended for: Diversity, Belonging, Inclusion, and Equity Brown Bag Series

Issued: 2021-09-10

Disclaimer:

Los Alamos National Laboratory, an affirmative action/equal opportunity employer, is operated by Triad National Security, LLC for the National Nuclear Security Administration of U.S. Department of Energy under contract 89233218CNA000001. By approving this article, the publisher recognizes that the U.S. Government retains nonexclusive, royalty-free license to publish or reproduce the published form of this contribution, or to allow others to do so, for U.S. Government purposes. Los Alamos National Laboratory requests that the publisher identify this article as work performed under the auspices of the U.S. Department of Energy. Los Alamos National Laboratory strongly supports academic freedom and a researcher's right to publish; as an institution, however, the Laboratory does not endorse the viewpoint of a publication or guarantee its technical correctness.

Diversity, Belonging, Inclusion, and Equity BROWN BAG Series

BREAKING THE ICE

“I Was Only Trying To Help”

David Alexander IV, Nicole Lloyd-Ronning, Kari
Sentz, and Tommy Rockward



OUTLINE TO BREAKING THE ICE



**INITIAL
MEETING**



VISIBILITY



**BE
PERSONABLE**



**ROLE
OF THE
MENTEE**



**CREATING A
PRODUCTIVE
ENVIRONMENT**



**PATH
FORWARD**

INITIAL MEETING



First Impressions are Everlasting Impressions

You Never Get a Second Chance to Meet Someone For the First Time

VISIBILITY



Greeting with Sincerity

The Power of a Smile

BE PERSONABLE



Improving Comfortability

Establishing an Open Line of Communication

ROLE OF THE MENTEE



Communication Works Both Ways

Mentoring Isn't Just For Students

CREATING A PRODUCTIVE ENVIRONMENT



Product of Outstanding Mentorship

With Comfort, Discussions Can Be Had to Create a Productive Environment For Outstanding Mentorship

PATH FORWARD



Model of Breaking the Ice

Being Around Problems Provide the Opportunity to Be a Part of the Solution

**THANK YOU FOR
YOUR TIME AND
ATTENTION!**